

Xuquuqda Dhibanayaasha Fal Dambiyeedka

1. Waxa aad codsan kartaa gargaar maaliyadeed oo aad kaga kabato khasaaraha kaa soo gaaray fal dambiyeedka. Waxa aad ka codsan kartaa 651-201-7300 AMA 1-888-622-8799.
2. Waxa aad ciidamada nabadgelyada weydiisan kartaa in la qariyo Aqoonsigaaga. Ciidamada nabadgelyada ayaa go'aan ka gaaraya in ay taasi suurtoogal tahay. La xiriir Waaxada Diiwaanka Ciidamada nabadgelyada si aad u codsato 612-673-2961.
3. Waxa aad xaq u leedahay in qofka geystay xadgudubka dambi lagu qaado, lagu wargeliyo oo aad ka qeyb qaadato maxkamadeynta, oo ay ka mid tahay in aad xaq u leedahay in magdhaw lagaa siiyo dhibka kaa soo gaaray fal dambiyeedka.
4. Haddii aad is leedahay waxaa lagu xadgudbay xuquuqdaada, la xiriir Waaxda Garsoorka ee Dhibanayaasha ee 1-888-622-8799 ama dps.justiceprograms@state.mn.us.

Khadka Dadka Dhibaateysan ee 24ka Saac

DayOne Domestic Violence MN Shelters – <i>Hooy dhibanayaasha dagaalka qoyska dhex mara</i>	1-866-223-1111
HCMC Psych Crisis Intervention – <i>Gargaarka 24ka saac ee dhibanayaasha dareenka lala wadaago</i>	612-873-3161
HCMC Suicide Hotline – <i>La talin 24ka saac ah</i>	612-873-2222
Sexual Violence Center Crisis Hotline – <i>Taageero loo fidiyo dhibanayaasha galmoodka dhibaato loogu geysto</i>	612-871-5111
Hennepin County COPE/Adult Mental Health Crisis – <i>Kooxaha gurmadka ee guurguura</i>	612-596-1223
Hennepin County Child Mental Health Crisis – <i>Kooxaha gurmadka ee guurguura</i>	612-348-2233
Greater Minneapolis Crisis Nursery – <i>La talin qoyska ee 24 ka Saac ah</i>	763-591-0100
United Way First Call for Help – <i>Hooy, cunto, caafimaad, sharci, gaadiid</i>	2-1-1
Veteran's Assistance – <i>Gargaar lagu caawiyo oo u gaar ah dadka horey dagaalada uga qeyb qaata</i>	651-282-4055

Macluumaadka dagaalka Qoyska Dhex Mara

HADDII AAD DHIBANE DHIB KA SOO GAARAY DAGAAL QOYSKA DHEX MARA, waxa aad qaarenka magaalada ama degmada weydiisan kartaa in dacwad lagu soo oogo dambillaha. Waxa kale oo aad xaq u leedahay in aad maxkamadda tagto oo aad weydiisato Amarka Badbaadinta oo aad ku codsaneyso in banaanka lagaa mariyo. Amarka waxa ka mid noqon kara:

1. Amar ka joojinaya qofka xadgudubka geystay inuu sii wado falka xadgudubka ah;
2. Amar la farayo qofka dhibka geystay inuu ka tago guriga;
3. In laga mamnuuco qofka xad gudubka geystay inuu yimaado gurigaaga, iskuulka, goobta aad ku ganacsato ama aad ka shaqeyso.
4. Amar kuu ogolaanaya in ilmahaaga aan qaangaadhin adiga kula noolaado ama;
5. Amar faraya qofka xadgudubka geystay inuu bixiyo lacagta ilmaha lagu taageero haddii ay sharci ahaan waajib ku tahay inuu bixiyo.

Macluumaad dheeraad ah, si aad u hesho Amarka Badbaadinta, ama aad ula hadasho dambi baarayaasha booliiska, xeer ilaalinta, ama u doodaha dhibanayaasha la soo xiriir Xarunta Adeegga Dagaalka Qoyska Dhex mara ee Hennepin ee 612-348-5073.

Gargaarka Dhinayaasha dagaalka Qoyska Dhex Mara

DayOne Domestic Violence MN Shelters – <i>Macluumaadka Hooyga dhibanayaasha</i>	1-866-223-1111
Asian Women United – <i>hoy & u doodid</i>	612-724-8823
Casa de Esperanza – <i>hoy & u doodid</i>	651-772-1611
Division of Indian Work – <i>barnaamijka rabsahdaha qoyska</i>	612-722-8722
Domestic Abuse Project – <i>u doodid xaga sharciga ah (Spanish, Hmong, English)</i>	612-673-3526
Domestic Abuse Project – <i>maareynta dhacdooyinka iyo daaweyn</i>	612-874-7063
Harriet Tubman – <i>hoy & u doodid</i>	612-825-0000
OutFront Minnesota – <i>Khadka dagaalka dhex dadka wada nool ee GLBTQ oo 24ka saac ah</i>	1-800-800-0350
Domestic Abuse Service Center – <i>diiwaangelinta Amarka Badbaadinta</i>	612-348-5073

Macluumaadka Ciidamada Nabadgelyada iyo Maxkamadda Lambarka nawaaxiga

Saldhigga Qeybta Koowaad	673-5701		
Saldhigga Qeybta Labaad	673-5702	Fal dambiyeedka la xiriira hantida	673-5712
Saldhigga Qeybta Sadexaad	673-5703	Fal dambiyeedka la xiriira hantida	673-5713
Saldhigga Qeybta Afraad	673-5704	Fal dambiyeedka la xiriira hantida	673-5714
Saldhigga Qeybta Shanaad	673-5705	Fal dambiyeedka la xiriira hantida	673-5715

Baaritaanka Shilalka Gaadiidka, Haaf Ramp 300 S 5th St	673-2981
Baaritaanka Fal dambiyada (Ee aan aheyn fal dambiyeedka hantida, Qolka 108	673-2941
Baaritaanka Dambiyada Caruurta (Ee aan aheyn fal dambiyeedka hantida), Qolka 21B	673-2921
Diiwaanka – helitaanka warbixinta nuqul ka mid ah, Qolka 31	673-2961
Waaxda Hantida & Caddeymaha – laguu soo celiyo alaabta lagaa qaaday, Qolka 33	673-2932
Garaashka Gaadiidka la Jiido – Macluumaadka gaariga la geeyey, 51 Colfax Avenue N	673-5777
Xarunta Xalinta Khilaafaadka	822-9883
Xafiiska Ciidamada nabadgelyada ee Laga dacwodo, Qolka 239	673-5500
Xabsiga Degmada Hennepin – macluumaadka dadka la sii daayo	348-5112
Xeer Ilaalinta Degmada Hennepin, Gargaarka Dhibanayaasha – Dambiyada Culus	348-4003
Xafiiska Xeer Ilaalinta Magaalada – Si aad u codsato in dacwad fal dambiyeed lagu soo oogo	311 or 673-3000
Xarunta Adeegga dagaalka Coysaska Dhex Mara – diiwaangelinta Amarka Badbaadinta	348-5073
Khadka xeer ilaalinta ee DASC – Si aad ugala hadasho dacwadaada	348-6415



Ciidamada nabadgelyada ee Minneapolis

Macluumaad dheeraad ah soo wac 311 ama soo booqo www.minneapolismn.gov

Lambarka Gaariga Booliiska	Lambarka dacwadda (CCN)	Saldhigga/Qeybta
Magaca iyo Lambarka Sarkaalka		

Fiiro Gaar Ah: Haddii aad dooneyso in aad macluumaadkan ku hesho siyaabo kale fadlan la xiriir 311 Dadka dhagaha la'a ama maqalku ku adag yahay waxa ay 311 kula soo xiriiri karaan iyaga oo waca 612-673-3000. Dadka isticmaala TTYsoo wac 612-673-2157.